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The effect of Dr. Jiao's scalp acupuncture, body and facial acupuncture in the treatment of post stroke syndrome symptoms

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Objective: The objective of the present study is to observe the effect of Dr. Jiao's scalp acupuncture combined with body and facial acupuncture in the treatment of post stroke syndrome symptoms compared to just using regular scalp acupuncture with body and facial acupuncture.

Methods: One case study of hemorrhagic stroke (wind stroke) was treated with Dr. Jiao's scalp acupuncture for 30 minutes followed by body and facial acupuncture connected with electrical stimulation for 20 minutes while keeping scalp needles until the treatment is done. This treatment is performed for four weeks, twice a week, then, once a week for six months. Afterwards, the treatment is performed once every two weeks for another six months.

Results: The effect of using Dr. Jiao's scalp acupuncture protocol in the beginning of the treatment combined with body and facial acupuncture was significantly more effective than simply using regular scalp acupuncture with body and facial acupuncture.

Conclusion: Dr. Jiao's scalp acupuncture protocol in conjunction with body acupuncture and facial acupuncture connected with electrical stimulation is very effective in treating expressive aphasia, facial paralysis, and irregular balance and coordination after a stroke. Faster results are expected if patients receive treatment as soon as their conditions stabilize following the first attack.

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Unveiling the secrets – Illuminating the meaning of acupuncture points names

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Chinese language is pictorial – characters are not letters, they are used as symbols, referring to different associations. They allow coding various levels of information and facilitating the process of storing and using that information. Acupuncture points names use associations with wide range of Chinese culture aspects, such as mythology, religion, rituals, I Ching, alchemy, architecture, astronomy, geography and FengShui, music or literature. Understanding these associations helps in studying and remembering functions as well as clinical applications of points. Six years ago a group of recognized scholars and acupuncturists created a team working together on decoding Chinese points names, checking obtained information in clinical practice and coding it back in a form of symbolic pictures reflecting name, physiology and pathology of each point designed for people raised in Western culture. These pictures, similarly to Chinese characters, evoke chains of associations in mind making remembering the information about points much easier. The lecture is an invitation for You to join amazing journey into wonderful and mysterious world of acupuncture points. Together we will explore different layers of meaning and cultural associations of acupuncture points names, improving their clinical usage.

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